

## Criterion A: Comprehending spoken and visual text

### Instructions:

- Look at visual text A and B.
- Answer the following questions in the space provided. Use your own word as much as possible.
- Answer the questions **in English or Chinese**.
- You are not allowed to use dictionaries or translators.
- You are not allowed to talk to your classmates or ask them questions.

### Strands

- show understanding of messages, main ideas and supporting ideas
- recognize basic conventions
- engage with the spoken and visual text by identifying ideas, opinions and attitudes and by making a personal response to the text.

### Visual text A

Source: <https://www.youtube.com/watch?v=pPwZUL6Dd3Q>

Note:

United Medical Resources (UMR), headquartered in Cincinnati, Ohio, was acquired by **United Health care** in December 2005.

### Visual text B

Source: <https://www.youtube.com/watch?v=ZB5jbdgUsSw>

Note:

**Great Raleigh area:** capital of the state of North Carolina; located in the east central part of the North Carolina in America

### Questions:

1. Based on **visual text A**, how many ways can exercising outdoors benefit your mind and body? What are they? Strand i 3 points

There are 7 ways of exercising outdoors =

- 1) exposure to the sun
- 2) Disease fighting cells increase by up to 50%
- 3) Mood improves, stress reduced
- 4) Concentration improves
- 5) Pain decreases and healing improves
- 6) Activity increases
- 7) More social interaction

2. Based on **visual text A**, what does regular physical activity help you with? Strand i 2 points

Regular physical activity can help you lose excess body weight, helps your body stay fit and strong

3. What outdoor activities can you see in **visual text B**? Please list at least four activities. Strand i 2 points

In text B, I can see various ~~activities~~ <sup>like</sup> (1) canoeing (2) cycling (3) ~~fish~~ fishing (4) golf (5) baseball

4. What type of visual is **visual text A**? Explain with examples from the text. Strand ii 2 points

Text A is a ~~presentation~~ <sup>Expository video</sup>, it introduce the benefits of outdoor activities, for example, it can improve your mood and ~~also~~ reduce your stress, also concentration improves. It also is a kind of informative video.

5. Does **visual text B** make you want to exercise outdoors? Why or why not? Strand ii 2 points

Yes, after I watch the text B, I really want to ~~see~~ exercise outdoors because there are various activities ~~in~~ in the video, and it really encourage me and attract me to exercise outdoors, ~~I~~ I want to experience the different kind of activities.

6. What is the purpose of **visual text A**? What is the purpose of **visual text B**? Please use examples from each text. Strand ii 4 points

The purpose of visual text A is to tell the audience the benefits of outdoor activities, and also encourage people to do the outdoor activities, ~~for~~ for instance, ~~in~~ in the video, it says it is a informative video of ~~the~~ health, so its purpose is to informate the audiences.

The purpose of text B is to tell the audience there are lots of outdoor activities you can choose and to advertise this entertain area, which is the "Great Raleigh Area" for example, in video B, it depicts many kinds of activity in that area, and always say - go out <sup>doors</sup> enjoy your day.

7. Who would be the target audience of visual text A and B? Explain with examples from the texts. Strand ii 2 points

All the age of people would be the target audience of both ~~the~~ <sup>texts</sup>, but about text A, I think some people who are not healthy and always get obesity and ~~the~~ ~~ill~~ is more likely to be the target audience because in text A, there are lots of benefits which can help them to participate in ~~the~~ outdoors activity. About text B, I think the people who loves the various sports or extreme sports are more likely to be target audience, especially the professional people, because the sports in ~~text~~ <sup>text B</sup> are all suitable for them.

8. What are the differences between indoor and outdoor activities? Which one would you prefer? Why? Strand iii 4 points

I prefer outdoor activity, firstly, from the text A said outdoors can increase the vitamin D ~~the~~ levels which can prevent the cancer, depression, osteoporosis and so on. Secondly, some indoor activities can do in outdoor, like playing guitar, reading books. Thirdly, some outdoor activities cannot do in indoor, like the skiing, drifting, canoeing. Fourthly, indoor activities don't have a large and wide place to play, the wall is ~~to~~ surrounding the area, but outdoor activities have a large area, you don't need to worry about crowded or ~~and~~ something else.

9. Outdoor activities are an essential part of growing up. After watching two videos, what activity would like to try? Why? Strand iii 3 points

I would like to ~~to~~ try the baseball, because in my country, people don't play baseball, and I'm really interesting about this sports, I will watch some baseball games sometimes. Besides, ~~I~~ I think baseball really needs people's concentration, you have to catch the ball frequently, so it can ~~to~~ training my concentration. Furthermore, baseball can practice my power of my arms and hand, so I can get more ~~a~~ power of my arms. Therefore, I am really looking forward to play this sport.