Criterion A: Comprehending spoken and visual text

Instructions:

- Look at visual text A and B.
- Answer the following questions in the space provided. Use your own word as much as possible.
- Answer the questions in English or Chinese.
- You are not allowed to use dictionaries or translators.
- You are not allowed to talk to your classmates or ask them questions.

Strands

- i. show understanding of messages, main ideas and supporting ideas
- ii. recognize basic conventions
- iii. engage with the spoken and visual text by identifying ideas, opinions and attitudes and by making a personal response to the text.

Visual text A

Source: https://www.youtube.com/watch?v=pPwZUL6Dd3Q

Note:

United Medical Resources (UMR), headquartered in Cincinnati, Ohio, was acquired by United Health care in December 2005.

Visual text B

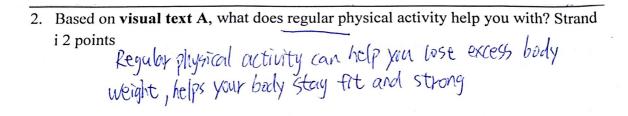
Source: https://www.youtube.com/watch?v=ZB5jbdgUsSw

Note:

Great Raleigh area: capital of the state of North Carolina; located in the east central part of the North Carolina in America

Questions:

1. Based on **visual text A**, how many ways can exercising outdoors benefit your mind and body? What are they? Strand i 3 points



3. What outdoor activities can you see in visual text B? Please list at least four activities. Strand i 2 points

In text B, I can see lanous Factivities in canceing 2 cycling 3 Fishing A golf 5 baseball

4. What type of visual is visual text A? Explain with examples from the text. Strand ii 2 points

Experitary video

Text A is a experitary it introduce the benefits of outdoor activities, for example 1 it can improve your most and sexpreduce your stress, also concentration improves. It also is a Kind of informative video,

5. Does visual text B make you want to exercise outdoors? Why or why not? Strand ii 2 points Yes, After I with the text B, I really what to the everyse outdoors because there are larrous activities to the video, and it really encourage me and attract me to exercise outdoors, the mant to experience the different kind of activities.

6. What is the purpose of visual text A? What is the purpose of visual text B?

Please use examples from each text. Strand ii 4 points

The purpose of USUAL text A is to tell the audience the benefits

of outdoor activities, and also encourage people to do the oilthour activities, and the video, it says It is a informative video of the health, so its purpose is to informate the audiences.

The purpose of text 13 is to tell the audience there are lots of outdoor activities you can choose and to advertise this entertain area, which is the Great Paleigh Area" for example, in violeo B, it depicts many kinds of activity in that area, and always say = 90 out enjoy your day.

7. Who would be the target audience of visual text A and B? Explain with examples from the texts. Strand ii 2 points

All the age of people would be the target audience of both there,

but about text A, I think some people who are not healthy and always
get obesity and text A, I think some people who are not healthy and always
with a fill is more likely to be the target audience because in text A, there are
luts of benefits which can help them to participate in text doors activity. About
text B, I think the people who laves the various sports or extreme sports are more
likely to be target audience, especially the professional people; because the sports in

8. What are the differences between indoor and outdoor activities? Which one would you prefer? Why? Strand iii 4 points

I prefer outdoor activity, firstly, from the text A said outdoors can increase the vitamin D televels which can prevant the cancer depression, osteoporsis and soon. Secondary, some inductactivities can do in outdoor, like playing guitar, reading books, thirdly, some outdoor activities cannot do in indoor, like the skring, drufting, canoeing Fourthy, Indoor activities don't have a large and wide place to play, the wall is to surrounding the area, but autdoor activities have a large area, you don't need to worry about crowered or set smeeting else.

9. Outdoor activities are an essential part of growing up. After watching two videos, what activity would like to try? Why? Strand iii 3 points

I would like to patry the baseball, because in my country, people dust play baseball, and I in really interesting about this sports, I will writeh some baseball games sometimes, Besides, &I think baseball really needs people concentration, you have to cortch the ball frequently, so it can petraining my concentration, Forthermore, baseball can practice my power of my orms and hand, so I can get more an power of my orms. Therefore, I am really looking forwards to play this sport.